

*Sermon Questions*

*November 26, 2023*

---

Luke 5:12-16

1. Be Still. Seek Solitude. What do these things mean for you personally?
2. Spiritual disciplines/spiritual rhythms. Share how this looks for you.
3. What statement did the Leper make? What does this tell us about what he thought was the determining factor in his ability to be healed?
4. Jesus responded with touch first, then with words. Why is this significant?
5. Does God heal everyone? How should we respond when this doesn't happen?
6. Discuss the different demands/interruptions in life when seeking solitude. How do you respond?
7. If life gets in the way of solitude does God still provide strength?
8. Purpose of solitude is Prayer. "Our strength is renewed and our focus is retained." Give examples of how you were renewed/focused.
9. The Women with the bleeding issue. Have you considered that Jesus felt his strength being drained when she touched his robe? Discuss a time when your strength was drained.
10. Purpose of solitude is to receive direction and confirmation. Can you give an example of this?
11. Purpose of solitude is to enjoy Communion with our Saviour. How does that look for you?
12. Jesus withdrew to mountains, gardens, the desert to find solitude. Where do you go? What is your posture? How does your face change?
13. Lectio 365 - <https://www.24-7prayer.com/resource/advent-prayer-2023/>

Discuss Henri Nouwen's quote - "To live a spiritual life we must first find the courage to enter into the desert of our loneliness and to change it by gentle and persistent efforts into a garden of solitude. The movement from loneliness to solitude, however, is the beginning of any spiritual life because it is the movement from the restless senses to the restful spirit, from the outward-reaching cravings to the inward-reaching search, from the fearful clinging to the fearless play."